



## COMMUNICATIONS

### IMPLEMENTATION GUIDE FOR THE UN STRATEGY ON MENTAL HEALTH AND WELLBEING

**02/23**

**Geneva  
25 January 2023**

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To: All FICSA Members

For distribution to: All staff representatives / all staff

From: Tanya Quinn-Maguire, FICSA President

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Dear colleagues,

In follow-up to FICSA [Council decision FICSA/C/75/D/8](#) we invite our members to note that the Implementation Guide for the UN Strategy on Mental Health and Wellbeing is available here: [https://www.un.org/sites/un2.un.org/files/implementation-guide\\_un\\_mental\\_health\\_and\\_well-being\\_strategy.pdf](https://www.un.org/sites/un2.un.org/files/implementation-guide_un_mental_health_and_well-being_strategy.pdf)

This Guide has been requested by FICSA members since the launch of [the Strategy](#) in 2018, and your FICSA representatives on the Implementation Board have been advocating for its development throughout.

FICSA strongly urges all our members to work with their organizations to ensure that an action plan is developed in consultation with elected staff representatives. It is imperative that staff have a voice in the development of any policy or strategy which effects their workplace, this approach has been fully endorsed by the UN Chief Executive Board ([CEB](#)) and the UN High-Level Committee on Management ([HLCM](#)).

[The Implementation Guide and Scorecard](#) is designed to assist the UN system to improve delivery of mental health and well-being actions, programmes and services. The Guide and Scorecard put 'real world' actions as measurements towards success and will allow UN Organizations to share good practices. All UN common system organizations will be asked to develop a Mental Health and Well-being Action Plan tailored to their specific needs and available funding. The Guide provides an outline of initial steps that can be taken to create an Action Plan and suggestions on how to report results for each of these Priority Actions.

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We take this opportunity to remind FICSA members of the following links for information on this topic:

- FICSA website, for key documents related to the [topic of workplace Mental Health](#)
- The [UN Healthy Workforce](#) website for all official information related to the Strategy

We look forward to discussing this topic in greater detail with our members during the upcoming sessions of the [Standing Committee on Social Security, Occupational Health and Safety \(SOCSEC/OHS\)](#).

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