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# COMMUNICATIONS

## ***Ask the FICSA Expert:***

**Recognizing and managing microaggression  
in the workplace**

**07/23****Geneva  
1 May 2023****16 May 2023, 13:30 -15:00 CET**

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To: All members

From: Cosimo Melpignano, General Secretary

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Dear colleagues,

We are pleased to announce the next online information session “Ask the FICSA Expert” on managing microaggression in the workplace.

**Guest speakers:**

Gemma Vestal, Regional Ombudsperson, WHO Eastern Mediterranean Region (former FICSA General Secretary)

&amp;

Dr Mahshid Taj, WHO/EMRO Staff Association, Vice-President, and EMRSA Focal Point for Respectful Workplace Programme.

**Learning Objectives:**

- Understand microaggression and its negative impact on the workplace
- Be aware of the three forms of microaggression
- Know how to prevent microaggression
- Respond to microaggression as a manager or as an employee
- Know how and when to call in & call out
- Know what to do if you are a witness to microaggression
- Know how to cope with microaggression

As you are aware, FICSA is a major actor in supporting the [UN Mental Health Strategy](#) and part of its working group. We know how our mental health directly influences our life and how a toxic workplace is key in this regard, which is why we strongly urge all staff to attend.

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**Microsoft Teams meeting**

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