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# COMMUNICATIONS

## “SAUTI: POEMS OF HEALING”

**24/21****Geneva  
14 May 2021**


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To: Chairs/Presidents Staff Associations/Unions  
Standing Committees Chairs and Vice-Chairs  
FICSA Executive Committee Members and Regional Representatives

From: Tanya Quinn-Maguire, FICSA President

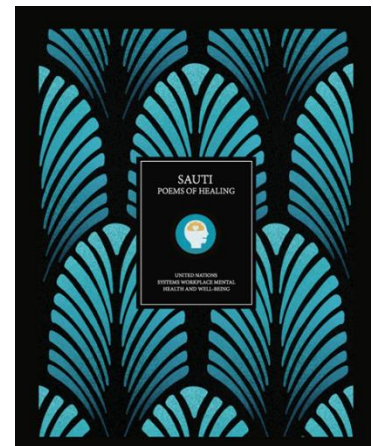
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Dear colleagues,

We are pleased to share with you a message from Therese Fitzpatrick, Global Coordinator, UN Workplace Mental Health and Well-being, about the publication of “Sauti, Poems of Healing”. “Sauti” means “voices” in Swahili. The poems, submitted by UN personnel from all corners of the world, were compiled and each poem is accompanied by an original illustration. You can [download a copy](#) 

In a series of mental health and well-being activities in connection with the 2020 World Mental Health Month at the United Nations, the poetry project was launched by the Mental Health and Well-being team.

The poems written by our colleagues were celebrated at an event on 19 March in honour of World Poetry Day (21 March) which featured heartfelt poetry readings from several contributing authors. This is the link to [video recording](#) of the book launch event.



You can read the related article in [English](#) or en [français](#) and the [UN Poetry Day Slide](#).

Please share *Sauti* with your members and help us raise awareness about mental health.

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