



COMMUNICATION

World Mental Health Day

24/24

10 October 2024



**MENTAL HEALTH
MATTERS:
A HEALTHY WORKFORCE
FOR A BETTER WORLD**

**Geneva
9 October 2024**

To: All Members

From: FICSA Secretariat

Dear colleagues,

As you know, this year, World Mental Health Day (10 October) highlights the vital connection between mental health and work.

To mark the Day, the UN System Mental Health Strategy Team organized two global events. Please see details below. I would encourage you to join and share the events' information with your colleagues.

We all have a role to play. Let's keep talking about mental health at work.

World Mental Health Day: Let's talk about Family Support initiatives

10 October, 3-4 pm CEST/9-10 am New York, Teams Webinar: This year, World Mental Health Day highlights the vital connection between mental health and work.

On World Mental Health Day, please join us to **discuss some of the best Family Support initiatives and approaches across the UN System.**

Speakers:

1. Isabelle Rampa, Family Liaison Officer, World Food Programme (WFP)
2. Catherine Mathieu, Family Network Manager, World Bank
3. Courtney Kapuya, Regional Staff Counsellor West and Central Africa, UNICEF

Moderators:

1. Regan Shercliffe, Global Lead of the UN Mental Health Strategy
2. Nenna Ndukwe-Hertz, UN Workplace Mental Health & Wellbeing Strategic Lead

The event is hosted by the UN System Mental Health Strategy Team. The team works to roll out the **UN System Mental Health and Well-being Strategy for 2024 and beyond** across the UN. It does so by bringing together representatives from all UN agencies, and through several working groups, by identifying and scaling up best practices in areas including family support.

For more info and to register: <https://events.teams.microsoft.com/event/768496be-f423-4c77-a92f-2coe8683026a@of9e35db-544f-4f60-bdcc-5ea416e6dc70>

World Mental Health Month: Focus on psychosocial risks initiatives and approaches

17 October, 3-4 pm CEST/9-10 am New York, Teams Webinar: As part of continued efforts to highlight the vital connection between mental health and work (the theme of the 2024 World Mental Health Day), please join us to **discuss best psychosocial risks initiatives and approaches across the UN System**. Organized by the UN Mental Health Strategy Team.

Speakers:

1. Tay Kuowei Alvin, Programme Management Officer (Psychosocial Wellbeing), United Nations
2. Dubravka Suzic, Chief, Psychosocial Wellbeing Section, UNHCR
3. Aditya Jain, Professor of Sustainable Work and Development, University of Nottingham
4. Linda Andersson, Senior Psychosocial Project Coordinator, UNHCR

Moderators:

1. Regan Shercliffe, Global Lead of the UN Mental Health Strategy
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The event is hosted by the UN System Mental Health Strategy Team. The team works to roll out the **UN System Mental Health and Well-being Strategy for 2024 and beyond** across the UN. It does so by bringing together representatives from all UN agencies, and through several working groups, focusing on identifying and scaling up best practices in areas including psychosocial risks.

For more info and to register: <https://events.teams.microsoft.com/event/8db47a45-c003-48f8-ae99-07f7f96f081b@of9e35db-544f-4f60-bdcc-5ea416e6dc70>
