



**MENTAL HEALTH
MATTERS:
A HEALTHY WORKFORCE
FOR A BETTER WORLD**

UN Workplace Mental Health & Well-Being Strategy

Key themes



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FOUR STRATEGIC THEMES

Create a workplace that enhances mental and physical health and well-being

Develop, deliver and continuously evaluate mental health and well-being services in all duty stations.

Welcome and support staff who live with mental health challenges

Ensure sustainable funding for mental health and well-being services

Achievements during 2020



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- Engagement and partnerships
- Information and communication
- Policies
- Health and Wellbeing Survey
- Access to psychosocial support
- Domestic Abuse Taskforce
- Leaders and Managers
- World Mental Health Month

World Mental Health Month



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1 *October 5-9*

**Improving Mental Health
Throughout the UN System**

2 *October 12-16*

**Supporting and Welcoming
Personnel with Mental
Health Condition**

3 *October 19-23*

**Nurturing Our Own Mental
Health and Wellbeing**

4 *October 26-30*

Ensuring Access for All

Learnings from the year



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- Plans are made to be changed!
- Communication, leadership and engagement
- Empowerment is critical
- Geographical and language diversity
- Engage with intersecting issues
- Positive and challenging stories are important
- Systemwide, Organizational and Regional

What are UN Organizations doing?



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Emerging priorities for 2021



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- Implementation in UN Organizations
- Access to psychosocial support
- Communication and engagement
- Training and learning
- Leaders and Managers
- Administrative issues
- Advisory Panel
- Governance and sustainability

Contact Us



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<https://www.un.org/en/healthy-workforce/>

Questions:



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- What are the key issues you are seeing emerging?
- How can we work more effectively with Staff Federations?
- What actions would you like to see us taking?